

## SUBJECT: PSYCHOLOGY

### Program Outcome (After 3 Years)

The learning outcomes that a student should be able to exhibit on completion of a degree level program in Psychology are as follows:

- (i) Comprehension about the discipline, its research methods, related theories and models.
- (ii) Knack to link up theory with individual experiences and varied applied settings.
- (iii) Capacity to practice professional skills in the area of psychological testing, assessment and counseling.
- (iv) Development of skills in specific areas related to specific specialization (e.g. psycho-diagnostics, counseling, learning disability, health, community mental health and organizational behavior).
- (v) A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind.
- (vi) Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting.
- (vii) Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues
- (viii) Development of skills and attributes of empathy, team work, coordination, cooperation, conflict resolution, and congruence.

### Semester I Paper 1 Theory

<b>Program/Class: Certificate</b>	<b>Year: First</b>	<b>Semester: First</b>
Subject: <b>Psychology</b>		
Course Code: A090101T	Course Title: <b>Basic Psychological Processes</b>	
<b>Course Outcome:</b> The students will learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others' lives. It will also give the learner a clear understanding of the concepts like intelligence, motivation, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.		

### Paper 2 Practical

<b>Program/Class: Certificate</b>	<b>Year: First</b>	<b>Semester: First</b>
Subject: <b>Psychology</b>		
Course Code: A090102P	Course Title: <b>Lab Work</b>	
<b>Course Outcome:</b> Students will be imparted a variety of skills to design and conduct psychological experiments ensuring controlled conditions, report writing and interpretations of the report.		

### Semester II Paper 1 Theory

<b>Program/Class: Certificate</b>	<b>Year: First</b>	<b>Semester: Second</b>
Subject: <b>Psychology</b>		
Course Code: A090201T	Course Title: <b>Basic Research Methodology and Statistics</b>	
<b>Course Outcome:</b> The learners will be able to comprehend psychological data and can put them on appropriate scaling method. Moreover, they will be getting hold of essentials of psychological testing along with various kinds of tests implemented.		

### **Paper 2 Practical**

<b>Program/Class: Certificate</b>	<b>Year: First</b>	<b>Semester: Second</b>
Subject: <b>Psychology</b>		
Course Code: A090202P	Course Title: <b>Lab Work/ Psychological Testing</b>	
<b>Course Outcome:</b> Students will be conferred an array of skills to carry out experiments in lab settings, design and conduct psychological experiments ensuring controlled conditions, report writing and interpretations of the report.		

### **Semester III Paper 1 Theory**

<b>Program/Class: Diploma</b>	<b>Year: Second</b>	<b>Semester: Three</b>
Subject: <b>Psychology</b>		
Course Code: A090301T	Course Title: <b>Psychology of Social Behavior</b>	
<b>Course Outcome:</b> By the end of the course, students will be able to summarize general information, through in-class discussion and assignments, pertaining to social psychological theories and an opportunity to apply social psychological theories to their lives. Critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to the context of historic and current world, national, and local events.		
<b>Program/Class: Diploma</b>	<b>Year: Second</b>	<b>Semester: Third</b>
Subject: <b>Psychology</b>		
Course Code: A090302P	Course Title: <b>Lab Work and Measurement of Social Behavior</b>	
<b>Course Outcome:</b> Students will be exposed to the mixture of skills such as how to conduct a psychological experiment for understanding social behavior as well as psychological measurements and scientific reporting of the data.		

### **Semester IV Paper 1 Theory**

<b>Program/Class: Diploma</b>	<b>Year: Second</b>	<b>Semester: Four</b>
Subject: <b>Psychology</b>		
Course Code: A090401T	Course Title: <b>Abnormal Psychology</b>	
<b>Course Outcome:</b> The students will be able to understand criteria of abnormality and one's own behavior and behavior of others. By applying the knowledge of assessment, diagnosis, classification system and DSM categories, the learners' will develop the sensitivity towards individual diversity and various approaches to the diagnosis and treatment of psychological disorders. Summarize clinical features of symptoms, etiology and valid and reliable treatment of diagnostic categories of mental health disorders.		

### **Paper 2 Practical**

<b>Program/Class: Diploma</b>	<b>Year: Second</b>	<b>Semester: Four</b>
Subject: <b>Psychology</b>		
Course Code: A090402P	Course Title: <b>Assessment/Testing</b>	
<b>Course Outcome:</b> At the end of the course, the students will be imparted a variety of proficiency to conduct the screening and assessment of psychological tools for examining developmental issues and disorders. The practicum of case study will let the students learn and execute an in- depth investigation of a single person, group, event or community.		

### **Semester V Paper 1 Theory**

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Five</b>
Subject: <b>Psychology</b>		
Course Code: A090501T	Course Title: <b>Life Span Human Development</b>	
<b>Course Outcome:</b> At the end of the course, the student will be able to develop an ability to identify the milestones in diverse domains of human developments across the child, adolescent and adulthood stages, understand the contributions of socio-cultural context toward shaping human development and acquire an ability to decipher key developmental challenges and issues.		

### **Paper 2 Theory**

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Five</b>
Subject: <b>Psychology</b>		
Course Code: A090502T	Course Title: <b>Positive Psychology</b>	
<b>Course Outcome:</b> By the end of the course, the students will be able to understand the basic principles of positive psychology, the major areas within positive psychology that have received a considerable amount of attention, the use of positive psychology tools and techniques in own and in other's life. It will also ease the understanding of positive aspects of human behavior through the wisdom embedded in Indian scriptures like Vedas, Upanishad, Shrimad Bhagwad Gita, Buddhist literature and folk tales.		

### **Paper 3 Practical**

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Five</b>
Subject: <b>Psychology</b>		
Course Code: A090503P	Course Title: <b>Lab Work/Survey/ Field Visit</b>	
<b>Course Outcome:</b> After completing this practicum, the student will have an understanding about how to frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.		

### **Paper 4 Research Project**

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Five</b>
Subject: <b>Psychology</b>		
Course Code: A090504R	Course Title: <b>Problem Identification &amp; Research Proposal Writing</b>	
<b>Course Outcome:</b> After completing this practicum, the student will have a comprehensive understanding about carrying out research project, how to frame research objectives and questions, plan, decide and execute appropriate methods of research, and intended data analysis.		

### **Semester VI Paper 1 Theory**

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Six</b>
Subject: <b>Psychology</b>		
Course Code: A090601T	Course Title: <b>Community and Health Psychology</b>	
<b>Course Outcome:</b> At the end of the course the student will be able to recognize that individuals relate to their communities and the reciprocal effect of communities on individuals and will be able to understand and resolve community issues, analyze the data, and recommend interventions that promote community wellness. Moreover, they will be able to use the psychological theories on health-related practices and will be able to examine persons' health history and describe and enact a positive, proactive attitude toward healthy living for oneself and others.		

### Paper 2 Theory

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Six</b>
Subject: <b>Psychology</b>		
Course Code: A090602T	Course Title: <b>Counseling Psychology</b>	
Course Outcome: At the end of the paper, students will able to understand how to establish rapport and use various approaches in counseling.		

### Paper 3 Practical

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Six</b>
Subject: <b>Psychology</b>		
Course Code: A090603R	Course Title: <b>Survey/Field Visit</b>	
<b>Course Outcome:</b> After completing this practicum, the student will have an understanding about how to frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.		

### Paper 4 Research Project

<b>Program/Class: Degree</b>	<b>Year: Third</b>	<b>Semester: Six</b>
Subject: <b>Psychology</b>		
Course Code: A090604R	Course Title: <b>Research Project</b>	
<b>Course Outcome:</b> It will help the learner to critically reflect on, review the scientific basis for, and integrate what you have learned and accomplished as a psychology student and will prepare to explore the cultural, social, and ethical impact of psychological application on community and daily life.		